

THE CHELSEA RESTAURANT AND LOUNGE

Sample Menu Selections

Appetizers

All salads served with your choice of dressing

French Onion Soup 

Chelsea's Chicken Noodle Soup 

Fresh Seasonal Fruit Salad 

Chelsea House Salad 

Summer Corn Chowder 

Vegetable Curry 

Featured Entrées

Rosemary & Garlic Pork Tenderloin 

Fresh pork tenderloin marinated with a fresh rosemary and garlic marinade served with confetti rice and steamed broccoli

Shrimp Scampi 

Sautéed shrimp in a lemon garlic wine sauce served over confetti rice and steamed broccoli

Pot Roast with Gravy 

Slow braised beef eye round stock with carrots, onions, and celery served with a baked potato

Stuffed Chicken Bacon Ranch Wrap 

Diced chicken breast, chopped bacon, lettuce, diced tomato, and ranch dressing wrapped in a whole wheat tortilla served with vegetable orzo salad and a pickle

Desserts

Cream Puffs

with caramel and chocolate drizzle

Dutch Apple Pie a la mode

Assorted Cookies and Pastries 

Ice cream 

Vanilla, Chocolate, Strawberry

Drinks

Coffee/Tea

Soft Drinks 

Variety of Juices

Low Fat and Regular Milk

Always Available

Select Variety of Hot/Cold Sandwiches

Chelsea's Signature Steak or Chicken

Chelsea's Cheeseburger Deluxe

Chelsea's Homemade Tuna Salad  

Chelsea's Chicken Fingers

Spaghetti & Meatballs

 Heart Healthy

 Higher in Sodium

 Available Sugar-Free Option

Approved by Laura Weisberg,
Registered Dietician



CHELSEA

SENIOR LIVING